# chandclin boutique hotel



Welcome to Altitude Wellness





### Wellness access

Open in season the Altitude Wellness offers a wide range of care.

Our Spa therapist will take you on a journey in the Alps, with her facials and relaxation treatments. She will be able to focus and understand your different needs, to restore balance and vitality to your life.

#### Hammam & sauna

Heat for wellbeing. Take a trip into the past and to the heart of this fascinating Nordic tradition. Breathe deeply for a cleansing experience that will eliminate all stress and reinvigorate you

#### Cold breeze

Our « cold rain » shower will stimulate your body and revive all of your senses. The jet that turns the fine drops into mist, together with the blue LED light and fresh minty aroma, will leave you feeling refreshed and re-energized. Our Cold Breeze is ideal after a hammam or a sauna.

#### Nordic baths

Discover our two new outdoor Nordic baths and come relax your muscles and relieve your muscular tensions. Their water heated to 36° will give you a gentle feeling of well-being.

# Opening hours

 Hammam & Sauna
 14h00 - 20h00

 Relaxation area
 14h00 - 20h00

 Nordic baths
 14h00 - 20h00

 Treatments & Massages
 On request

 1 hour privatisation
 Between 10h00 to 13h00

# We invite you to book your treatments in advance by contacting us

T+41 27 564 44 44

E reception@chandolinboutiquehotel.ch

The inside Altitude Wellness facilities are open to children aged 16 and over (sauna, hammam, cold breeze & relaxing area).

The outdoor Nordic baths are accessible from 6 years old from 2:00pm to 5:00pm (under adult supervision) and from 16 years old until 8:00pm.

Access for our external clients is offered between 2:00 pm and 5:00 pm, at the price of CHF 50.- per person.

We will take the liberty of restricting the number of external accesses, during periods of heavy traffic.

At the time of any 50 minutes or more treatment reservation, you will have access to our hammam, sauna, cold breeze, Nordic baths and relaxation room (valid only on the day of the treatment). The reservations cancelled or modified less than 24H in advance will be charged.



## Massages with apricot oils

#### Signature treatment

Relaxing, energising, beneficial, this complete treatment which includes a 50 min massage and a 30 min facial, will take you to the peak of relaxation!

- 80 minutes : CHF 210.-

#### Intuitive massage

A blend of different massage techniques for this treatment tailored to your needs.

- 50 minutes: CHF 150.-- 80 minutes : CHF 200.-

#### Relaxing massage

A deep relaxation massage, to ensure a moment of pure bliss, for the body and the mind.

- 25 minutes: CHF 75.-- 50 minutes: CHF 140.-- 80 minutes : CHF 190.-

#### Sport massage

An energising and invigorating massage that combines various friction, pressure and stretching techniques to ease your aching muscles. Ideal after strenuous exercise.

- 25 minutes : CHF 80.-- 50 minutes: CHF 150.-

#### Care for future mothers

From the 3rd month of pregnancy, come and enjoy a moment of sweetness and well-being to relax. Prenatal massage allows you to relax and release muscular tension in your back and legs. A dedicated moment that will help you sleep better. This massage will take place in a cocooning climate, with a specific massage cushion, accompanied by gentle manoeuvres with 100% natural oil, without allergens.

-50 minutes : CHF 150.-

#### Plantar reflexology

After a day's skiing or walking, come to relax and get your legs back on their feet!

- 50 minutes : CHF 150.-

#### Duo massage - 2x 50 minutes

Enjoy two 50-minute massages or treatments of your choice, one after the other.

- 2 massages or treatments: CHF 260.-

#### Day Spa

Come and enjoy a relaxing day in our Spa, including access to the wellness area, a relaxing 50 minutes massage and a 3 courses menu in our restaurant for lunch.

To be booked 24 hours in advance.

- CHF 220.- with a 3 courses menu

#### Relaxing morning

Come and enjoy a moment of pleasure and relaxation including buffet breakfast (from 7:30 to 10:30 am) and one hour's private access to the indoor wellness area (sauna, hammam, cold breeze and relaxation area), as well as a 25 minutes relaxing massage.

To be booked 24 hours in advance.

- CHF 140.- per personne, from 2 personnes.

#### One hour privatisation

To enjoy a moment of well-being with your partner, your family or your friends, we offer you the possibility to privatise our indoor space (sauna, hammam, cold & relaxation area) and/or outdoor space (Nordic bath) for one hour, between 10am and 1pm.

To be booked 24 hours in advance.

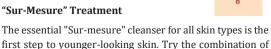
Indoor space: CHF 60.- from 2 persons (+ 30.- / additional person)

Indoor & outdoor space: CHF 100.- from 2 persons (+50.- / additional person)

our Belle Luce natural beauty products.

## Facials

#### "Sur-Mesure" Treatment



flower power and pleasure for a clear and radiant skin with

- 50 minutes: CHF 150.-







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